

## HOLLYWOOD SINGER-SONGWRITER SHINES LIGHT ONTO THE DARK SIDE OF MAKING IT AS AN ARTIST IN NEW EP “MIDNIGHT”



Joy Autumn, a singer-songwriter originally from the small town of Olympia, Washington shines light as bright as the Hollywood sign itself onto the dark side of making it as an artist in her new atmospheric pop E.P., [Midnight](#). Finding herself broke, depressed and eating canned food in a 400 square foot apartment, the glitter of Hollywood quickly faded away. While waiting for calls that never came, Autumn discovered an underbelly of the city that consists of late night and early morning partying, drinking, drugs, sleeping in until 4 p.m., and dating all of the wrong men. Joy describes it as a sort of afterparty culture in which trust-fund babies, the offsprings of celebrities, and wealthy industry men would get together to prey upon female Hollywood hopefuls. Despite the fact

that she was out with all of these gorgeous models and actors, Joy states in a matter-of-fact manner, “No one who is out at 4 a.m. on a Tuesday is happy” - herself included. *Midnight* is the result of Autumn’s loneliness and the search for herself amidst what she calls the “Hollywood hypocrisy.” “I was so busy not making it in Hollywood that I forgot the reason why I created music in the first place,” Joy explains. She took her challenges and co-produced *Midnight*, a moody and cinematic pop record, with the support of producer, Bill Lefler (Ingrid Michaelson). There were days when she couldn’t get out of bed and that’s when she re-discovered her love of utilizing songwriting as a form of therapy. Music became her reason to stay in Los Angeles and continue to chase her dreams, despite incredible odds and obstacles.

**Sounds Like:** The ambiance of Imogen Heap meets the cinematic drama of Lana Del Rey and the idiosyncrasies of Regina Spektor.

**Feels Like:** Nighttime. Sipping a glass of merlot while cooking your favorite linguine.

**Listen:-** [Soundcloud](#) - (private Soundcloud link please note sometimes glitchy from mobile app)  
[-EPK](#) - (private link which includes all songs from MIDNIGHT)

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“Sometimes how we look on the outside doesn’t match how we feel inside. I wrote *Midnight* at a time when it seemed like I was the life of the party. Never before had I received so many compliments on how I looked physically...the truth is that I was depressed and so I wasn’t eating much. Solely based on my social media, friends back home would comment that I was doing great and would often act in awe of my LA life...the truth is that some days I could barely get out of bed. I’ve since learned that no one happy is out till 4 a.m. on a Tuesday. Can’t wait to share the raw truth in my new E.P. *Midnight* in the hopes of helping others.” - Joy

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